# **MyCAA Education & Training Plan (ETP)**

Texas A&M International University
Office of Continuing Education
5201 University Boulevard | Laredo, TX 78041
https://tamiu.edu2.com/

Student Information:	
Student Name:	
School Issued Student ID:	N/A
Program Name:	Personal Care Assistant Certificate Program with Clinical Externship
Program Type:	Certificate
Program Duration:	6 Months
Scheduled Start Date:	
Estimated Completion Date:	
Course Delivery Format	Online

### **Program Overview:**

This comprehensive program prepares students for a position as a Personal Care Assistant. Emphasis is on giving personal care in a client's home, communications, working with ill persons, basic human needs, eldercare, nutrition, special diets, and home management. Many different types of individuals require assistance in daily tasks, assistance with minor medical tasks, and companionship because they are ill, elderly, or disabled in some way, may be of any age, and must live at home or in a home-like residential facility. Personal Care Assistants provide this assistance or provide some of the care to allow family caregivers a respite. This program will ensure students are prepared to provide a variety of essential services for their clients including health care management and monitoring, assistance with activities of daily living (ADLs) ranging from bathing, dressing, eating, using the bathroom, housekeeping and laundry to medication reminders and/or management, recreational activities and companionship, security and transportation.

#### **Certification/Licensure Eligibility upon Program Completion:**

Students should have or be pursuing a high school diploma or GED.

- There are no state approval and/or state requirements associated with this program.
- There are several National Certification exams that are available to students who successfully complete this program:
- o National Healthcareer Association (NHA) Certified Clinical Medical Assistant (CCMA) Exam
- o Microsoft Office Specialist (MOS) Certification Exam.

#### **Tuition Cost:**

## **Course Breakdown:**

Course/Program Code	Course/Program Title	Course Credits (if applicable)	
TAMIU-PCA	Personal Care Assistant Certificate Program with Clinical Externship	750 Contact Hours/ 750 CEU's	
<b>School Official Certifica</b>	ation:		
By my signature below, I con named in this document.	ertify the above information is true, accura	ite, complete, and being submitted on behalf of	the institution
		_	
Signature/Title of Authori	zed School Official	Date	
School Official Printed Fi	rst and Last Name	School Official E-mail and Phone Nun	nber